



Effective: July 1, 2016

## REDUCED FAT MACARONI & CHEESE (860-TRAY)

Ingredient Statement: Whole Grain Stick Macaroni (water, whole wheat durum flour, durum wheat semolina and durum wheat flour [enriched with ferrous sulfate, niacin, thiamine mononitrate, riboflavin, folic acid], oat fiber, nutrients from whole food concentrates [spinach, broccoli, carrot, tomato, beet, shitake mushrooms); Cheese Sauce (pasteurized process reduced fat American cheese [American cheese {milk, cheese cultures, salt, enzymes}, water, sodium citrate, whey, modified food starch, salt, apocarotenol], water, modified food starch); Reduced Fat Cheddar Cheese (pasteurized part-skim, cheese cultures, salt, enzymes and annatto color).  
Contains: Wheat and Milk.

<b>Nutrition Facts</b>	
Serving Size 8 ounces (227g)	
Servings Per Container One	
<b>Amount Per Serving</b>	
<b>Calories</b> 430	<b>Calories from Fat</b> 150
% Daily Value*	
<b>Total Fat</b> 17g	<b>26%</b>
Saturated Fat 9g	<b>46%</b>
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>17%</b>
<b>Sodium</b> 600mg	<b>25%</b>
<b>Total Carbohydrate</b> 52g	<b>17%</b>
Dietary Fiber 6g	<b>25%</b>
Sugars 7g	
<b>Protein</b> 18g	
Vitamin A 40%	• Vitamin C 25%
Calcium 35%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

5151 Alcoa Avenue, Vernon CA 90058  
 Telephone: (323) 826-2144 Facsimile: (323) 826-2150  
[www.roseandshore.com](http://www.roseandshore.com)

	<u>Amount Per 100g</u>	<u>Amount Per Serving</u>
Calories	191.78	434.95
Calories from Fat	66.16	150.04
Calories from Saturated Fat	36.17	82.03
Protein	8.02 g	18.18 g
Carbohydrates	22.72 g	51.54 g
Dietary Fiber	2.71 g	6.14 g
Sugar - Total	2.96 g	6.71 g
Fat - Total	7.35 g	16.67 g
Saturated Fat	4.02 g	9.11 g
Trans Fatty Acids	0.03 g	0.07 g
Cholesterol	22.58 mg	51.22 mg
Vitamin A	864.19 IU	1,959.94 IU
Thiamin - B1	0.16 mg	0.37 mg
Riboflavin - B2	0.10 mg	0.23 mg
Niacin - B3	1.00 mg	2.26 mg
Vitamin C	6.50 mg	14.73 mg
Vitamin E Alpha-Tocopherol	0.07 mg	0.15 mg
Calcium	151.26 mg	343.06 mg
Iron	1.81 mg	1.83 mg
Magnesium	17.71 mg	40.16 mg
Phosphorus	90.60 mg	205.49 mg
Potassium	62.71 mg	142.22 mg
Sodium	263.93 mg	598.59 mg
Zinc	0.89 mg	2.02 mg