



Effective: July 1, 2016

5" BREAKFAST PIZZA (BSTR500B)

Ingredient Statement: Crust (whole wheat flour, enriched unbleached wheat flour [wheat flour, malted barley flour, ascorbic acid, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid], water, yeast, soybean oil, sugar, salt, calcium propionate); Sauce (water, fresh vine-ripened California tomatoes, spice blend [spices, sugar, salt, garlic, canola oil]); Low Moisture Part-Skim Mozzarella Cheese (pasteurized part-skim milk, cheese cultures, salt, enzymes); Cooked Chicken Sausage (chicken, water, textured soy flour, salt, spices, paprika, garlic powder); Unsmoked Provolone Cheese (pasteurized milk, cheese culture, salt, enzymes); Spices.
Contains: Milk, Wheat and Soy

Nutrition Facts

Serving Size One Pizza (102g)
Servings Per Container One

Amount Per Serving

Calories 230 **Calories from Fat** 60

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 290mg **12%**

Total Carbohydrate 30g **10%**

Dietary Fiber 3g **12%**

Sugars 3g

Protein 12g

Vitamin A 8% • Vitamin C 6%

Calcium 20% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

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	<u>Amount Per 100g</u>	<u>Amount Per Serving</u>
Calories	221.37	225.92
Calories from Fat	59.13	60.34
Calories from Saturated Fat	27.78	28.35
Protein	11.43 g	11.67 g
Carbohydrates	29.43 g	30.04 g
Dietary Fiber	3.40 g	3.47 g
Sugar - Total	2.82 g	2.87 g
Fat - Total	6.57 g	6.70 g
Saturated Fat	3.09 g	3.15 g
Trans Fatty Acids	0.05 g	0.05 g
Cholesterol	18.06 mg	18.43 mg
Vitamin A	352.63 IU	359.89 IU
Thiamin - B1	0.26 mg	0.26 mg
Riboflavin - B2	0.16 mg	0.17 mg
Niacin - B3	2.34 mg	2.39 mg
Vitamin C	3.73 mg	3.80 mg
Vitamin E Alpha-Tocopherol	0.08 mg	0.05 mg
Calcium	188.25 mg	192.12 mg
Iron	2.07 mg	2.12 mg
Magnesium	8.46 mg	8.63 mg
Phosphorus	94.49 mg	96.43 mg
Potassium	39.77 mg	40.58 mg
Sodium	286.25 mg	292.14 mg
Zinc	0.54 mg	0.56 mg