



Effective: July 1, 2016

5" CHEESE PIZZA (BSTR500C)
(Individually wrapped)

Ingredient Statement: Crust (water, white whole wheat flour, enriched wheat flour [niacin, iron, thiamin, riboflavin, folic acid], yeast, olive oil, sugar, salt, garlic powder, gum [cellulose, guar, xanthan], calcium propionate, potassium sorbate, malt extract, enzymes, ascorbic acid, L-cysteine); Low Moisture Part-Skim Mozzarella Cheese (pasteurized part-skim milk, cheese cultures, salt, enzymes); Sauce (water, fresh vine-ripened California tomatoes, spice blend [spices, sugar, salt, garlic, canola oil], vinegar powder [maltodextrin, vinegar powder]); Unsmoked Provolone Cheese (pasteurized milk, cheese culture, salt, enzymes); Monterey Jack Cheese (pasteurized milk, cheese culture, salt, enzymes); Romano Cheese (pasteurized sheep's milk, cheese culture, salt, enzymes); Parmesan Cheese (pasteurized part-skim milk, cheese cultures, salt, enzymes); Spices.

Contains: Milk and Wheat

Nutrition Facts	
Serving Size One Pizza (139g)	
Servings Per Container One	
Amount Per Serving	
Calories 310	Calories from Fat 120
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 510mg	21%
Total Carbohydrate 33g	11%
Dietary Fiber 4g	16%
Sugars 4g	
Protein 17g	
Vitamin A 15%	• Vitamin C 6%
Calcium 40%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

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	<u>Amount Per 100g</u>	<u>Amount Per Serving</u>
Calories	224.62	312.05
Calories from Fat	86.57	120.26
Calories from Saturated Fat	48.01	66.69
Protein	12.26 g	17.03 g
Carbohydrates	23.60 g	32.79 g
Dietary Fiber	3.22 g	4.48 g
Sugar - Total	2.87 g	3.99 g
Fat - Total	9.62 g	13.36 g
Saturated Fat	5.33 g	7.41 g
Trans Fatty Acids	0.08 g	0.11 g
Cholesterol	22.79 mg	31.66 mg
Vitamin A	481.43 IU	668.80 IU
Thiamin - B1	0.12 mg	0.16 mg
Riboflavin - B2	0.16 mg	0.22 mg
Niacin - B3	0.78 mg	1.08 mg
Vitamin C	2.96 mg	4.12 mg
Vitamin E Alpha-Tocopherol	0.09 mg	0.13 mg
Calcium	282.77 mg	392.82 mg
Iron	1.36 mg	1.89 mg
Magnesium	7.91 mg	10.98 mg
Phosphorus	164.79 mg	228.92 mg
Potassium	46.88 mg	65.13 mg
Sodium	365.97 mg	508.41 mg
Zinc	0.83 mg	1.16 mg