



Effective: July 1, 2016

DELI STYLE TURKEY & CHEESE SANDWICH
ON A FRENCH ROLL (TDC248WC)

Ingredient Statement: Cooked Sliced Deli-Style Turkey Breast (turkey breast, water, contains less than 2% of salt, modified food starch, potassium lactate, sodium lactate, sodium phosphate, dextrose, sodium diacetate); White Whole Wheat French Roll (water, white whole wheat flour, wheat flour enriched [niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid], malted barley, ascorbic acid], yeast, high fructose corn syrup, vital wheat gluten, contains 2% or less of: soybean oil, salt, calcium propionate, DATEM, mono-glyceride, enzymes, ascorbic acid, ADA); Pasteurized Process Blended American Cheese (American cheese [milk, cheese cultures, salt, enzymes, annatto], water, skim milk, sodium citrate, color added, salt, sorbic acid, soy lecithin).

Contains: Milk, Wheat and Soy

Nutrition Facts			
Serving Size 4.70 ounces (133g)			
Servings Per Container One			
Amount Per Serving			
Calories 250	Calories from Fat 60		
% Daily Value*			
Total Fat 7g			10%
Saturated Fat 2.5g			12%
Trans Fat 0g			
Cholesterol 50mg			16%
Sodium 760mg			32%
Total Carbohydrate 27g			9%
Dietary Fiber 3g			10%
Sugars 4g			
Protein 22g			
Vitamin A 0%	•	Vitamin C 6%	
Calcium 20%	•	Iron 10%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat 9	•	Carbohydrate 4
		•	Protein 4

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	<u>Amount Per 100g</u>	<u>Amount Per Serving</u>
Calories	189.29	252.22
Calories from Fat	45.89	61.15
Calories from Saturated Fat	15.58	20.75
Protein	16.40 g	21.86 g
Carbohydrates	20.64 g	27.50 g
Dietary Fiber	1.89 g	2.52 g
Sugar - Total	2.72 g	3.63 g
Fat - Total	5.10 g	6.79 g
Saturated Fat	1.73 g	2.31 g
Trans Fatty Acids	0.00 g	0.00 g
Cholesterol	37.05 mg	49.37 mg
Vitamin A	33.77 IU	45.00 IU
Thiamin - B1	0.11 mg	0.14 mg
Riboflavin - B2	0.06 mg	0.08 mg
Niacin - B3	2.30 mg	3.06 mg
Vitamin C	2.92 mg	3.89 mg
Vitamin E Alpha-Tocopherol	0.20 mg	0.27 mg
Calcium	161.73 mg	215.50 mg
Iron	1.30 mg	1.73 mg
Magnesium	22.07 mg	29.41 mg
Phosphorus	32.17 mg	42.86 mg
Potassium	170.48 mg	227.15 mg
Sodium	569.52 mg	758.85 mg
Zinc	0.34 mg	0.46 mg