



Effective: July 1, 2016

**DELI STYLE TURKEY & CHEESE**  
**SUBMARINE SANDWICH (TDC336WC)**

Ingredient Statement: Cooked Sliced Deli-Style Turkey Breast (turkey breast, water, contains less than 2% of salt, modified food starch, potassium lactate, sodium lactate, sodium phosphate, dextrose, sodium diacetate); White Whole Wheat Steak Roll (water, white whole wheat flour, wheat flour enriched [{niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid}], malted barley, ascorbic acid], high fructose corn syrup, yeast, contains 2% or less of: vital wheat gluten, soybean oil, salt, calcium propionate, mono-glyceride, DATEM, enzymes, ascorbic acid, ADA); Pasteurized Process Blended American Cheese (American cheese [milk, cheese cultures, salt, enzymes, annatto], water, skim milk, sodium citrate, color added, salt, sorbic acid, soy lecithin).

Contains: Milk, Wheat and Soy

<b>Nutrition Facts</b>	
Serving Size 4.80 ounces (136g)	
Servings Per Container One	
Amount Per Serving	
<b>Calories</b> 260	Calories from Fat 60
% Daily Value*	
<b>Total Fat</b> 7g	<b>11%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 50mg	<b>16%</b>
<b>Sodium</b> 770mg	<b>32%</b>
<b>Total Carbohydrate</b> 30g	<b>10%</b>
Dietary Fiber 3g	<b>10%</b>
Sugars 5g	
<b>Protein</b> 21g	
Vitamin A 0%	• Vitamin C 6%
Calcium 25%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

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	<u>Amount Per 100g</u>	<u>Amount Per Serving</u>
Calories	192.54	267.46
Calories from Fat	45.00	62.51
Calories from Saturated Fat	13.28	18.45
Protein	15.57 g	21.63 g
Carbohydrates	22.71 g	31.55 g
Dietary Fiber	1.92 g	2.67 g
Sugar - Total	3.47 g	4.83 g
Fat - Total	5.00 g	6.95 g
Saturated Fat	1.48 g	2.05 g
Trans Fatty Acids	0.00 g	0.00 g
Cholesterol	35.54 mg	49.37 mg
Vitamin A	32.39 IU	45.00 IU
Thiamin - B1	0.11 mg	0.15 mg
Riboflavin - B2	0.07 mg	0.09 mg
Niacin - B3	2.45 mg	3.40 mg
Vitamin C	2.80 mg	3.89 mg
Vitamin E Alpha-Tocopherol	0.21 mg	0.28 mg
Calcium	167.08 mg	232.09 mg
Iron	1.19 mg	1.65 mg
Magnesium	21.99 mg	30.55 mg
Phosphorus	34.29 mg	47.63 mg
Potassium	168.17 mg	233.61 mg
Sodium	556.30 mg	772.77 mg
Zinc	0.37 mg	0.51 mg