



Effective: July 1, 2016

PORK CHILE VERDE QUESADILLA (W79100)

Ingredient Statement: Whole Grain Tortilla (whole grain wheat flour, bleached enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], water, palm oil, contains 2% or less of the following: leavening [sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum sulfate], salt, sugar, calcium propionate, potassium sorbate, mono and di-glycerides, fumaric acid, yeast, enzymes, L-cysteine); Pork Carnitas (pork, water, roast pork flavor [dextrose, pork stock, salt, spices, garlic and onion powder], sodium phosphate); Enchilada Sauce (water, green chilies, modified food starch, soybean oil, salt, sugar, jalapeno peppers, vinegar, natural flavor, hydrolyzed corn protein, corn syrup solids, citric acid, dehydrated onion, autolyzed yeast, spices, garlic powder, caramel color); Cheddar Cheese (cultured pasteurized milk, salt, enzymes); Diced Green Chilies (green chilies, water, salt, citric acid, calcium chloride); Seasoning (spices, enriched wheat flour [malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], salt, dehydrated onion, dehydrated garlic, autolyzed yeast, paprika, sugar, malic acid, soy sauce powder [naturally brewed soy sauce {wheat, soybeans, salt}, dextrin, salt], soybean oil); Spices; Modified Food Starch.

Contains: Milk, Wheat and Soy

| Nutrition Facts | |
|--|------------------------------|
| Serving Size 4.90 ounces (139g) | |
| Servings Per Container One Quesadilla | |
| Amount Per Serving | |
| Calories 320 | Calories from Fat 130 |
| % Daily Value* | |
| Total Fat 14g | 21% |
| Saturated Fat 6g | 31% |
| Trans Fat 0g | |
| Cholesterol 60mg | 21% |
| Sodium 640mg | 26% |
| Total Carbohydrate 27g | 9% |
| Dietary Fiber 3g | 11% |
| Sugars 2g | |
| Protein 21g | |
| Vitamin A 4% | • Vitamin C 10% |
| Calcium 20% | • Iron 15% |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | |
| | Calories: 2,000 2,500 |
| Total Fat | Less than 65g 80g |
| Saturated Fat | Less than 20g 25g |
| Cholesterol | Less than 300mg 300mg |
| Sodium | Less than 2,400mg 2,400mg |
| Total Carbohydrate | 300g 375g |
| Dietary Fiber | 25g 30g |
| Calories per gram: | |
| Fat 9 • Carbohydrate 4 • Protein 4 | |

5151 Alcoa Avenue, Vernon CA 90058
 Telephone: (323) 826-2144 Facsimile: (323) 826-2150
www.Roseandshore.com

| | <u>Amount Per 100g</u> | <u>Amount Per Serving</u> |
|-----------------------------|------------------------|---------------------------|
| Calories | 231.45 | 321.52 |
| Calories from Fat | 90.02 | 125.25 |
| Calories from Saturated Fat | 40.64 | 56.45 |
| Protein | 14.98 g | 20.81 g |
| Carbohydrates | 19.75 g | 27.44 g |
| Dietary Fiber | 1.95 g | 2.70 g |
| Sugar - Total | 1.53 g | 2.12 g |
| Fat - Total | 10.00 g | 13.89 g |
| Saturated Fat | 4.52 g | 6.27 g |
| Trans Fatty Acids | 0.00 g | 0.00 g |
| Cholesterol | 44.48 mg | 61.79 mg |
| Vitamin A | 118.89 IU | 165.16 IU |
| Thiamin - B1 | 0.34 mg | 0.48 mg |
| Riboflavin - B2 | 0.24 mg | 0.34 mg |
| Niacin - B3 | 3.04 mg | 4.23 mg |
| Vitamin C | 4.69 mg | 6.52 mg |
| Vitamin E Alpha-Tocopherol | 0.27 mg | 0.38 mg |
| Calcium | 141.80 mg | 196.98 mg |
| Iron | 1.96 mg | 2.72 mg |
| Magnesium | 28.52 mg | 39.62 mg |
| Phosphorus | 246.87 mg | 342.93 mg |
| Potassium | 200.92 mg | 279.10 mg |
| Sodium | 457.54 mg | 635.58 mg |
| Zinc | 2.21 mg | 3.08 mg |